



THE ERASER

Pre And Post-Care Treatment Instructions for Optimal Results

NOT RECOMMENDED FOR THE FOLLOWING PATIENTS:

- Pregnant or breastfeeding women.
- Those with active disease states, a hemorrhagic disorder or are on anticoagulant treatments.
- Patients with diabetes, epilepsy or bell's palsy.
- Someone experiencing an active or local skin disease that may alter wound healing or someone who has an autoimmune disease.
- Patients with active cystic acne or cold sores.

PRE-TREATMENT PREP

72 hours prior to treatment

- Discontinue the use of cleansing devices (e.g. Clarisonic) and any skincare containing tretinoin, retinoids, alphas hydroxy acids (AHA), beta-hydroxy acids (BHA), benzoyl peroxide or any exfoliating agents.

24 hours prior to treatment

- Avoid prolonged sun exposure.
- Any sunburn to the area needs to be fully treated up to 24 hours prior to treatment.
- For patients prone to cold sores, an anti-viral medication must be taken 24 hours prior to treatment.
- Should an active or extreme breakout of acne occur before a treatment, the area will be evaluated on a case-by-case basis by the treatment provider.

AFTERCARE SKINCARE REGIMEN

To enhance and maintain results:

1. Cleanse: Use a gentle, soap-free cleanser like Aried MD reFresh Cleanser.
2. Moisturize: Apply Alastin Regenerating Nectar twice daily. Apply a moisturizer in the morning and evening, or as often as needed to relieve dryness and restore skin comfort. We recommend Aried MD reDew Hyaluronic Intensive Moisturizer.
3. Protect: Use a broad-spectrum sunscreen of SPF 30 or above every morning and throughout the day.

POST-TREATMENT CARE

What to expect immediately after the treatment:

- Skin may feel tight and more sensitive than usual and vulnerable to irritation and damage. You may find that you are sensitive to products that you usually use and tolerate well.
- You may experience mild redness and irritation 1 to 7 days after the treatment.
- You may experience dryness up to 7 days post treatment.
- Pinpoint bruising can occur.

What to avoid:

- No makeup is to be used on the face for at least 12 hours after the treatment.
- Keep hands washed and away from the face as much as possible.
- Avoid any direct sun exposure for at least 10 days (if possible). If there is to be sun exposure after 72 hours, a broad-spectrum sunscreen of SPF 30 or above should be used. This precaution should be continued throughout the treatment duration.
- Discontinue the following products until your skin has completely healed:
 - Tretinoin, retinoids, AHAs, BHAs, bleaching creams, alcoholbased toners and exfoliating cleansing devices like the Clarisonic.

WE RECOMMEND: 4-6 Eraser treatments for best results

If you have any questions or concerns, please do not hesitate to call our office at 203.637.0662